

ASST Ovest Milanese (West Milan Local Healthcare Authority) Department of Services and Diagnostic Imaging	INFORMATION ON COLLECTING SAMPLES FOR CYTOLOGICAL EXAMINATIONS (sputum-urine)	MAC221-D Rev1 Page 1 of 1
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VERIFICATION AND APPROVAL			
Revision	Date	Office	Approved by
0	October 2021	Director of the Microbiology Unit and Head of the Analysis Laboratory Director of the Pathological Anatomy Unit	Dr Pierangelo Clerici Dr Paolo Fociani
1	February 2025	Director of the Analysis Laboratory Department Director of the Pathological Anatomy Department	Dr Sergio Finazzi Dr Paolo Fociani

CYTOLOGICAL EXAMINATION OF SPUTUM

The cytological examination is performed at the Pathological Anatomy Department on three successive samples

- The sputum collection kit must be collected with the MUC05 form (Application for cyto/histological examination) at the Legnano and/or Magenta Sample Collection Centre from 10:30 to 12:00: the fixative is alcohol- based, toxic if swallowed
- The collection must be done on an empty stomach.
- Cough phlegm, not saliva, into the jar, after brushing your teeth.
- Store the jars away from heat sources (they do not have to be stored in the refrigerator)
- Identify the containers with a label setting out Surname, Name, date of birth, and collection date
- At the end of the collection, deliver all samples containing sputum to the Legnano and/or Magenta Sample Collection Centre, together with the MUC05 form duly filled in, Monday to Friday by 09:30

CYTOLOGICAL EXAMINATION OF URINE

The cytological examination is performed at the Pathological Anatomy Department on three successive samples

(do not carry out the examination during menstruation)

- The urine collection kit must be collected with the MUC05 form (Application for urine cytological examination) at the Legnano and/or Magenta Sample Collection Centre from 10:30 to 12:00
- Empty your bladder upon waking up
- Have breakfast regularly and drink water
- Urinate into a clean and dry wide-mouthed container (e.g. a plastic cup)
- Pour the collected urine into the test tube until it is full (50 ml mark)
- Store the jars away from heat sources (they do not have to be stored in the refrigerator)
- Identify the containers with a label setting out Surname, Name, date of birth, and collection date
- At the end of the collection, deliver all samples containing urine to the Legnano and/or Magenta Sample Collection Centre, together with the MUC04 form duly filled in, Monday to Friday by 09:30